

## L'ITALIA

## May/June 2019

#### **NEWSLETTER OF THE ITALIAN HERITAGE SOCIETY OF INDIANA**

Founded in 1993

#### Mission Statement

The Italian Heritage Society of Indiana (IHSI) seeks to preserve, promote and share the Italian values and culture which its members inherited from their ancestors: Religion, family, history, art, music, food and camaraderie. It reaches out to everyone of Italian ancestry and welcomes others who share our appreciation of the Italian culture.

#### TABLE OF CONTENTS

Board / Committee members2
President message3
Calendar of Events5
Italian Street Festival6
Cultural page8
Scholarship winners14
IHSI address/phone 19
In Memoriam 19
Corporate Ads20

www.italianheritage.org

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#### PRESIDENT'S MESSAGE

Silvana Martini Schuster

May 2019

Cari amici, dear friends,

Estate, summer, is almost here and our IHSI is looking forward to several traditional activities and new ones. Once again, a number of dedicated volunteers have worked to provide interesting activities for our members to enjoy. Read about them and mark your calendar.

The **Memorial Day weekend** of course is filled with the activities of the **Indianapolis 500 Festival and Race.** A group of five of our members will march in the 500 Festival parade carrying the Italian flag. The 500 Race is dedicating this year to **Mario Andretti** to honor his win at the Indianapolis Motor Speedway 50 years ago. Mario was an Italian immigrant from the Trieste-Istria region. He is considered one of the best drivers of the world and has won most of the prestigious races.

Also in the parade will be **Jenna Nosek**, a past winner of one of our IHSI scholarship, who was chosen as a 500 princess. Her story follows in the newsletter. We are very proud of you Jenna, *auguri*, congratulations!

The **Holy Rosary Italian Street Festival** will once again take place on **Friday, June 14 and Saturday , June 15.** Volunteers organized by **Claudia Heck** will be there to sell Italian related items. Volunteers are needed and appreciated, so call Claudia to volunteer some of your time. Claudia's cell 317797-2320

On Saturday late afternoon at the street festival, the very traditional religious Procession of the Statue of the Virgin Mary on Stephen Street to the church will take place. This tradition emphasizes the spiritual aspect of Holy Rosary Church, La Chiesa del Santo Rosario, which was built for the Italian immigrants that settled in the southeast neighborhood.

The IHSI Scholarship Golf Tournament will be on Sunday, June 23 at Sarah Shank Golf Course. Matt Iaria and David Page have organized this ongoing event. We need individual or businesses to sponsor each of the 18 holes for \$100 each. So please contact Matt at 317-443-5335 to sponsor one of the holes and to play in the tournament, Grazie. Also, we congratulate the three 2019 winners of the scholarship this year. Their names are in the newsletter.

The **Lidia Matticchio Bastianich** fundraising event will be on **Saturday, August 24.** Our IHSI and the PBS station WFYI will welcome to Indianapolis the Italian cookbook author, television cooking show host and restaurateur. Lidia also an Italian immigrant from the Trieste, Istria area, will be filmed at the WFYI studios and she will then be a guest and speak at a reception fundraiser. So save the date for the important Italian American event in our city. More details will be forthcoming.

Again, we remind you to pay your membership fees. Since we operate on a rolling payment schedule, please check when your last payment was and send in your payment by check or electronically. If you are unsure of the date, contact Phil "Skip" Kappes, our membership chairperson, to check the date of your last payment. And urge all your relatives and friends to also join!

Our officers and board members wish all our members and friends a great summer and in anticipation of our patriotic national holiday!

Happy Fourth of July!

Silvana Martini Schuster IHSI President 2019

## CALENDAR OF EVENTS MAY

#### **500 PARADE**

Saturday, May 25, 2019 11:45 am

#### **BOOK CLUB**

Wednesday, May 29, 2015 12:30 Matteo Ristorante Noblesville

#### JUNE

#### **LECTURE SERIES**

First day in America: Ellis Island Carol Faenzi Lawrence Library June 2, 2019

#### **ITALIAN STREET FESTIVAL**

Holy Rosary Church 520 Stevens Friday- SaturdayJune 14-15, 2019 5:00-11:00 pm

## ITALIAN AMERICAN GOLF TOURNAMENT

Sunday, June 23, 2019 8:00 am Sarah Shank Golf course

\_119258 Holy-Rosary Flyer.jpg

https://mail.google.com/mail/w/0/#inbox/FMfcgxwCgfoytWHCskHJn...

HOLY ROSARY CHURCH PRESENTS THE ETHINIC EVENT OF THE SUMMER



## ITALIAN STREET FESTIVAL

JUNE 14th & 15th • Friday & Saturday 5:00 PM to 11:00 PM

\*\*\*\*\* Free Admission \*\*\*\*\*\*\* Jeaturing Different Italian Meats, Pastas, Salads & Desserts

LIVE MUSIC & DANCING • AMUSEMENT RIDES



Cheesecake

520 Stevens Street

Cannolis

Fettuccine Alfredo

(600 Block of S. East St.; six blacks south of downtown). THEE PARKING IN THE CLI LILLY LOTS ON EAST & NEW JERSEY STREETS.

Meatballs

Bruschetta

Italian Sausage Italian Wines

Italian Beer

Inditional Spligious Procession lend by the Italian Herstage Sincety of Indiana at 6:45 pm. Followed by a Mass held in Holy Mosory Church at 7:00 pm.







"Like" us on Facebook at facebook.com/italianstreetfestival | Follow us on Twitter @IndyltalianFest Follow us on Instagram @indyitalianFest

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5/15/2019 6:29 AM

#### **VOLUNTEERS VOLUNTEERS**

#### **IHSI ITALIAN FESTIVAL VOLUNTTER NEEDED**

Friday-Saturday, June 14th-15th 2019 5:00 pm-11:00 pm

We are looking for volunteers to work and enjoy the festival at IHSI booth at Holy Rosary Church 510 Stevens St.

This is one of the IHSI biggest fund raisers!!!

If you want to work or any information please contact; Claudia Heck heckcc@aol.com 317-797-2320



#### La Bellezza d'Italia......May 2019

#### The Cultural Page of the Italian Heritage Society of Indiana

Submitted by Susan Santore Lew and Carol FaenziItalian Heritage Society Lecture Series

#### 2019 Schedule of Lectures

Sunday, June 2nd at 2:00 pm Lawrence Library 7898 Hague Road Indianapolis

## First Day in America: Ellis Island By Carol Faenzi



IHSI Board Member and local author Carol Faenzi will take us on a personal trip through the place where many of our ancestors passed into America. What did an immigrant experience during the first 24 hours? The answers may surprise you!

#### Sunday, August 18th at 2:00 pm—Nora Library

#### Back by popular demand your Guide to Obtaining Dual Citizenship



IHSI member Marlene Adami walk us through the complex process of applying for Italian Citizenship. This is not to be missed if you are wondering if you qualify and how to begin.

#### Sunday, November 10, 2019 at 2:00 pm—Nora Library

#### Guy Tedesco Artist Sculptor, Designer

**I**HSI member, Guy Tedesco lives and works in Southern Indiana, near Louisville, KY. His art works in bronze and diverse design projects have taken him to international destinations as well as locally and nationally. A son of an Italian POW, you have met Guy at our annual celebration ant Camp Atterbury. Join Guy as he shares with us his fascinating artistic journey.



Contact Susan Lew at 317-691-0139 or susan.lew27@gmail.com We pay an honorarium. The lecture are free and open to the public.

#### **Opera News!**

The Indianapolis Opera has announced it 2019-20 season. Included in the lineup are two Italian works.

#### **Donizetti Romantic Comedy: Elixir at Love**



November 15,16,17, 2019 at the Tarkington, The Center for the Performing Arts in Carmel



#### Mozart Masterpiece-Don Givanni

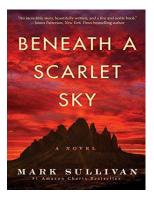
March 20, 21, 22 2020 The Toby Theater at Clowes Hall

#### **BOOK CLUB**

What: Beneath a Scarlet Sky

When; Wednesday, April 29, 12:30 p.m.

Where: Matteo Ristorante 40 N. 9th St. Noblesville



Based on the true story of a forgotten hero, the USA Today and #1 Amazon charts bestseller **Beneath a Scarlet Sky** in the triumphant, epic tale of one young man's incredible courage and resilience during one of history's darkest hours.

Pino Lella wants nothing to do with the war or the Nazi's. He is a normal Italian teenager-obsessed with music, food, and girls—but his days of innocence are numbered. When his family home in Milan is destroyed by Allied bombs, Pino joins an underground railroad helping Jews escape over the Alps, and falls for Anna, a beautiful widow six years his senior.

In attempt to protect him, Pino's parents force him to enlist as a German soldier-a move they think will keep him out of combat. But after Pino is injured, he is recruited at the tender age of eighteen to become the personal driver for Adolf Hitler's left hand in Italy, General Hans Leyers, one of the Third Reich's most mysterious and powerful commanders.

Now with the opportunity to spy for the Allies inside the German High Command, Pino endures the horrors of the war and the Nazi occupation by fighting in secret, his courage bolstered by the love for Anna and for the life he dreams they will one day share.

Soon to be a major television event from Pascal Pictures, starring Tom Holland.

#### SAVE THE DATE: FOUR ITALIAN TENORS FRIDAY, OCTOBER 25TH AT THE PALLADIUM



Direct from Rome on their inaugural U.S. Tour, the four vocalists Alessandro D' Acrissa, Roberto Cresca, Frederico Parisi, Frederico Serra pay tributes to Enrico Caruso, Mario Lanza, Luciano Pavarotti and Andrea Bocelli. The program includes the most beloved arias and songs of the Italian Opera traditions, performed with romanticism, lyricism, dramatic flair and operatic style.

#### **Beautif Italian Phrase of the Month**



**Aprile piovoso, fa' Maggio grazioso** A rainy April, makes May pretty

## Dear Members of the Italian Heritage Society Community

#### By Jenna Nosek 2016 Pietro Ferri Scholarship winner

Hello. my name is Jenna Nosek and I am a princess. Well not a real diplomatic princess with any real power, but a 500 Festival Princess in coordination with the Indianapolis 500. Many of you know that the Indy 500 is a celebrated tradition of our state and one of the greatest racing spectacles of all time. It has been an absolute honor and privilege to serve as 500 Festival Princess during these past few months. I would like to share a little bit about myself and the experiences I have gained through my time serving as princess in the moments before the big race in a few short days.

Like I said before, my name is Jenna Nosek. Don't let my Polish last name fool you, I assure you all that I am more true to my Italian roots than my name tells. I graduated high school in 2016 from Scecina Memorial High School receiving a scholarship from the Italian Heritage Society to help me in my education path, which continued at Butler University. Currently, I am a rising senior double majoring in biology and classical studies in ancient Greek and Latin linguistics. While at Butler, I have joined many extracurricular activities including Southeast Asian Student Association, Butler University Dance Marathon for Riley's Hospital for Children, and Bulldogs in the Streets Day of community Service. While I have a wonderful and fulfilling college experience, my best educational experience I have gained thus far has been in undergraduates research in virology. Since joining my research lab, I have gained three internships at Butler University, the University of Pittsburgh and Harvard University School of Medicine. Now after telling you a little about myself, you may have began to ask yourself the following questions.

- 1. Do you have a life besides school?
- 2. Do you have free time?
- 3. Do you ever sleep?

The answer to all these questions is yes shockingly enough. I have found that time management is my best friend. However, what lead me to where I am today is because the people that helped me along the way. Being a 500 Festival Princess is about being engaged with our community as a servant leader and role model. My community has made me strong and caring individual that looks to interact with community to learn more where I come from and who I have the honor of representing. As a member of the Greenfield community, I represent those of a hardworking, rural community that values dedication and honesty. As a member of the Butler community, I strive toward the highest in my achievements. As a member of the Italian Heritage Society, I endeavor to represent the values of our organization and

showcase our rich heritage. Becoming 500 Festival Princess has greatly encouraged me to become servant leader in the community. So far I have been able to do outreaches with nursing homes, elementary school kids, and a local fire department. Through the program itself, I have received an additional scholarship along with wonderful experiences with various therapy-based organizations, hospital visits, museum, farms and many other organizations. I have been able to witness firsthand what this racing tradition means to the community I am excited to have this experience because not everyone can say they were a princess. I can't wait to see what this week holds as the race approaches. So ladies and gentlemen, stay tuned!





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#### 2019 PIETRO FERRI SCHOLARHIP RECIPIENT **WINNERS**

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A CONGRATULATIONS! It our pleasure to announce this A ★ year recipients of the Pietro Ferri Scholarship. They all ★ submitted an essay:

#### "Why should we have an Italian Heritage Society"

★ The recipients, their school and college they will attend:

Vincenza Cascella **IUPUI** Roncalli HS **Nicholas Seaman Greencastle HS** Columbia Margherita Firenze **Park Tudor** Columbia  $\stackrel{\wedge}{\Rightarrow}$  $\stackrel{\wedge}{\Rightarrow}$  $\stackrel{\wedge}{\Rightarrow}$ 

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#### RECIPE/RICETTE

#### **PASTA ALLA PUTANESCA**

#### **Ingredients**

1 can chopped tomatoes 2 garlic cloves chopped 1 tbs black olive 4 anchovy filet 1 tbs capers 2 tbs olive oil 1 pinch crushed red pepper Pasta-spaghetti-linguine-penne

In a pan heat oil, crushed garlic, crushed red pepper for 5 minutes, add anchovy filets, cook until they melt. Stir in olives, Ingredients capers, stirring for 5 minutes add the tomatoes, bring to boil, 1 container whole milk ricotta then simmer for 10-15 minutes. (15 ounces) Cook the pasta, drain and add 1/2 cup raspberry jam sauce and parmesan 1 cup whipping cream cheese.

#### CHICKEN PICCATA

#### **Ingredients**

2 skinless and boneless chicken breast, Flour for dredging 6 tbs butter 6tbs olive oil 1/3 cup lemon juice 1/2 cup chicken stock 1/4 cup capers 1/3 cup parsley

Season chicken with salt & pepper, dredge chicken in flour shake all excess..

In large skillet over medium high heat. Melt 2 tablespoon butter and 3 tablespoon, when it start to sizzle add the chicken and cook for 3 minutes. When chicken is browned, flip and cook the other side for 3 minutes, Remove and transfer in a plate. Melt 2 more tablespoon butter and another 2 tablespoon oil, when it sizzle add the chicken, add the lemon juice, stock and capers and bring to boil and simmer for 5 minutes, move the chicken, pour sauce over the chicken and parsley.

#### **Rasberry-Ricotta Mousse**

2 tbs powdered sugar 1 cup fresh raspberries

In a food processor blend the ricotta cheese until light and fluffy. Add the jam until combine transfer to a large bowl. In a small bowl beat the cream add powdered sugar and continue to beat until the cream is stiff. Add the cream to the ricotta mixture. Spoon the mousse into serving bowl and refrigerate for 1 hour. Garnish with fresh strawberries and serve.

#### **BUON APPETITO!**

#### A TRIBUTE TO MARIA ODORICO 1920-2019

#### By Carol Faenzi

A couple weeks before Maria's passing at 98 years "young" I received a message from her daughter Rina Piga. She said, "Carol, my mother just finished reading your book and said she remember your grand-mother."

I had of course met Maria, but had never had a long conversation with her, plus I had not known about a possible connection with my grandmother, Olga Faenzi.

It felt instinctual, to reply immediately and ask if I might pay a visit to sit with Maria for a while. On a Saturday in April, I drove to *la casa della famiglia Piga* in Noblesville through torrential rain, feeling excited at what I might learn.

Maria was sitting in a chair near the sofa. Angelo made the traditional espresso and Rina served us a slice of her flaky and delicious apple strudel.

Maria said she met my grandmother at the "Italian club" where friends played cards in Priori Hall at Holy rosary, but that she also knew her from L.S. Ayers where Maria worked as a seamstress in the alteration department and my grandmother was a sales woman in the little girl department.

Angelo added that Sol Petruzzi was Maria;s boss and we spoke about the days decades ago when Ayres was a place of glamour and taste.

I realized that I had no idea how Angelo, Rina or Maria made their way to Noblesville, Indiana in the 1960, so I asked.

Once upon a time in Sistiana, (Trieste) near the Slovene border, post World War II. nearby in the town of Duino, there was an American base and Maria worked as a seamstress and there Maria's twin sisters Mira and Vera met their husband, got married and moved to America in Noblesville. Then another sister Polda married a soldier from Russia and emigrated as a refuge in Noblesville. Another sister Valentina married an American soldier whose parents were from Calabria and moved to Mount Vernon, N.Y. Now she live in Arizona, near Fort Huachuca. Maria only brother Giuseppe emigrated in Argentina.

Leaving behind their mother Cristina and father Giuseppe, their sister Maria and her husband Ezio and their only child Caterina(Rina)—these who stayed behind—decided to also follow. But at that time, there was a quota and very long line to be admitted.

Rina said, "We really have to thank President John Kennedy. He saw to it that the law changed so that if you had family already living in the US, you got to move up in line. So that is how were able to come."

During the waiting time, a young, handsome Italian from Sardinia, was assigned border control duties between Italy and Yugoslavia in the mountain. His name, Angelo Piga.

Rina and Angelo fell in love about the time the Odorico family was given the green light to emigrate. Love letters were exchanged between Noblesville, Indiana and Italy for 5 years before Angelo was permitted to come for a visit. The authorities did not trust that he would return and did not want to issue the paperwork, but a man in love is very persuasive-so the official stamped the paperwork and Angelo arrive in Indiana. He did go back to Italy, but soon returned to marry Rina.

Maria and Rina talked about Rina's grandmother, Cristina and what a determined and independent woman she was. She was well known in the "village" of Noblesville. There is a story of how in her impatience to fix a window, she decided to attempt it herself rather than wait for help and the glass broke, which opened a deep gash in her leg. She managed to apply a tourniquet to stop the bleeding while waiting for an ambulance.

I thought about how brave the women needed to be to create lives for themselves and their families out of the complete unknown, managing everything with faith and grace.

Cristina had waited ten years to reassemble her family in America. And I thought about my own grandmother and her mother, having had to wait ten long years as well.

Time, Patience, Faith.

Angelo and Rina are close now to celebrating their 50th wedding anniversary. The walls and shelves of their home are filled with photos of their children and grandchildren.

I thought as I looked at all the faces in the frames-all of this happened because of one unplanned romantic encounter in Italy that could just as easily not have occurred.

After discussion the sad state of affairs our country is in with respect to welcoming immigrant refugees, I noticed that Maria had become quiet. She seemed either distracted or deep in her thought, then suddenly exclaimed, "Well, I'd just like to know who they think are gong to pick the tomatoes!!"

She talked about all the "leaders" in Italy she had personally observed, starting with Mussolini. She had a perspective that seemed to me to be a combination of practicality, no nonsense and deeply humanitarian.

I asked Angelo if he would take a photo of the three of us-again an instinctual request as I was about to leave. Maria and I took each other's hand and said goodbye. I thanked her for her stories. She thanked me for mine.

On the drive home, the rain turned to sleet and incredibly, to snow-a completely unexpected turn on the weather. But then, it had been an unexpected afternoon I thought about how Maria and my grandmother-might have been in the elevator together at Ayres and said a few words of greeting in Italian.

My Aunt Joann said that her wedding dress, purchased at Ayres, had been taken to an "Italian lady" in the alterations department. Of course, it had been Maria' fine Italian hands that made it fit perfectly for her.

It was a shock to receive the news just two weeks later, that Maria had fallen and then passed away. It made me feel both sad and grateful.

Within our Italian Heritage Society, there are hundreds of stories like this. We go to events, sit with people at board meetings and there is so much we not know about each other's ancestral journey.

Thank you, Maria, for reminding me of the importance of not only asking, but listening and remembering the stories before it is too late.

Thank you Carol for writing this tribute of my mother!



My mother Maria Odorico was one of the founder and the oldest member of the IHSI. She died at the age of 98. She loved talk to people, very gifted mind and working with her hands as a seamstress, and loved God!

I want to thank you all for the cards, calls, flowers and Masses and for the Board members, past President and members of the Italian Heritage for participation at the funeral Mass, was very well appreciated!

Rina and Angelo Piga and family!

## LIVING THE DREAM: WHY ITALIANS HAVE THE IDEA ABOUT RIPOSO

If you are feeling a little sleepy, you are not alone: at present, around two thirds Americans and nearly half of all Brits aren't getting enough rest, due to either disorders or stress and anxiety. If you're able to carve out just half and hour to embrace the Italian tradition of naps, or *riposo* (some Italians call it "siesta") that you feel not only more refreshed and alert, but that you also experience health benefits. From lower blood pressure to a more positive outlook, can help you live longer and more healthily.

#### The right way to take a riposo

**S**cientists at NASA have concluded that the ideal nap time is 26 minutes: any longer and you risk falling into a very deep sleep which can actually make you feel more sluggish during the afternoon, and fall asleep less easily at night time. In order to ensure that you sleep lightly enough to see the benefits—the NASA study found a 34% increase in alertness-experts recommend that you sleep on a sofa or comfortable armchair, and set an alarm. In contrast, at night time you should aim to create an atmosphere to encourage deep sleep, as this is when your body does the majority of its healing and rebuilding.

#### Helping your health

A new study from Greece has found the afternoon napping can lower blood pressure. This can reduce your risk of heart attacks and other diseases. Naps also help to boost your alertness and motor performance, which might be particularly beneficial if you have physical demanding job, shift work, long drives, or simply the demands of parenthood.

#### **Boosting your brainpower**

Scheduling a short nap during the day can also boost your brain's productivity, by helping your brain to process the glucose you get from food. This can give you more mental energy throughout the day. One study found that 30 minutes rests helped to prevent a deterioration in the bran's performance during tasks. Since a nap is far healthier than sipping caffeine or energy drinks, try to find a quiet place during your lunch hour and close your eyes to produce a better afternoon work. There is no doubt that Mediterranean lifestyle of great food, sunshine and napping is the envy of many countries around the world. For those struggling with sleep, the concept of "riposo" is well worth a try. By keeping your nap short and sweet, you can enjoy long term health benefits and day to day alertness and positivity. **Dormi bene!** 

#### LifeinItaly. com





# ITALIAN-AMERICAN GOLF OUTING

Hosted By: The Italian Heritage Society

Proceeds benefit the Italian Heritage Society Scholarship Fund

DATE: SUNDAY, JUNE 23, 2019

LOCATION: SARAH SHANK GOLF COURSE 2601 S. KEYSTONE AVE 784 0631

TIME: 8:00 AM -sharp: SHOTGUN START FOUR MEN/WOMEN FLORIDA SCRAMBLE

We would like to myite you to our annual golf outing on Sunday, June 23, 2019.

Please fill out the form below with the golfers' names & their handicap

A - 8 or Less

B 9 to 14

C - 15 to 23

D = 24 to 35

HOLE SPONSORSHIP:

Send \$100 check to address below ATTN: DAVID PAGE

FILL OUT REGISTRATION FORM AND SUBMIT TO

MATTHEW IARIA - 4440 INGLESIDE LN - INDIANAPOLIS, IN - 46227

DAVID PAGE - 620 STEVENS STREET - INDIANAPOLIS, IN - 46203
include check for \$75.00 per person. Fee includes golf, cart, prizes, drinks, & dinner. Catered dinner at Primo Banquet Hall immediately following.

Money must be turned in by June 16, 2019

REGISTER EARLY—this outing is a first come – first serve basis.

LIMITED TO 144 PLAYERS

#### MAKE CHECK PAYABLE TO: ITALIAN HERITAGE SOCIETY

Contact: David Page 788-4140/632-3809 or Matthew Iaria 786-9511 mattiaria@yahoo.com

NAME:	HANDICAP:
1)	
2)	
3)	
4)	

## NEWSLETTER EDITOR Caterina "Rina' Piga

Share your news, award, birth, change of address or any articles that will be of interest to the members and also any comment you might have about the newsletter.

The newsletter is published by-monthly, email any articles in MS WORD format to:

catpiga45@gmail.com

Or Mail to:

Rina Piga 373 Woodview Dr. Noblesville, In. 46060 317-773-6442

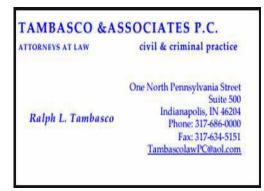
**DEADLINE: JULY 12, 2019** 

## BUSINESS ADDRESS PHONE LINE

of Indiana 520 Stevens St. Indianapolis 46202

The IHSI has a voice mail for members to call and leave any messages or questions that you might have about the Society. Let us hear from you! The phone number is:

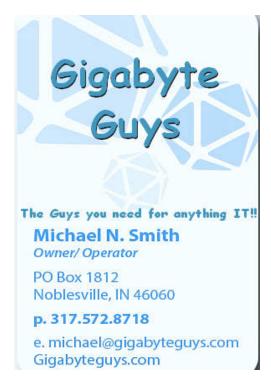
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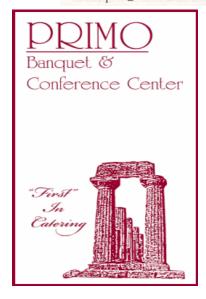
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## THANK YOU TO OUR IHSI SUPPORTERS AND CORPORATE MEMBERS



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